







**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Teen Camp Ages 12 - 17

Session 1 June 6 – June 10

Theme: Survival of the Fittest

	Monday 6/6	Tuesday 6/7	Wednesday 6/8	Thursday 6/9	Friday 6/10
6:30-8:30 am	Extended Camp Quiet Games/ Art	Extended Camp Quiet Games/ Art	Extended Camp Quiet Games/ Art	Extended Camp Quiet Games/ Art	Extended Camp Quiet Games/ Art
8:30-9:00 am	Sign In /Snack	Sign In/Snack	Sign In/Snack	Sign In/Snack	Sign In/Snack
Bring Daily : Morning Snack Sack Lunch Water Bottle Tennis Shoes Back Pack	Discovery of Outdoor Adventures	Field Trip Mt. Cabrillo	Field Trip Imperial Beach	Field Trip Coronado Beach Silver Strand	Pool Day Please Wear your swimsuit to camp underneath clothing
Must be Signed In Daily by 9am			Please Wear your swimsuit to camp underneath clothing Bring a towel, extra Clothes, plastic bag		 Bring a towel, extra clothes, plastic bag
12:15-12:45 pm	Lunch	Lunch	Lunch	Lunch	Lunch
	Activities Include: Health & Safety Lost procedures Shelter Building	Activities Include: Hiking Games Light House Tide poles	Activities Include: Fishing Photo collage Body Surfing	Activities Include: Out Door Cooking Beach Volleyball Floating Marshmallow	Activities Include: Wellness Center Pool Challenges Wellness Center
3:00-3:30	Pick up Time/Snack	Pick up Time/Snack	Pick up Time/Snack	Pick up Time/Snack	Pick up Time/Snack
3:30-6:00p	Extended Camp	Extended Camp	Extended Camp	Extended Camp	Extended Camp