



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Important Youth League Dates to remember:

Dates

Season dates	January 4 – March 19
First week of practice begins	Week of January 4
First Game	Week of January 18 (Basketball only)
Last Game	Week of March 14 (Basketball only)
Holidays	February 11th and February 13th

Important information:

- * **Practice information:** Youth Sports program participant practices a minimum of one night per week.
 - * Monday – Friday between the hours of 5pm – 8pm.
- * **Jersey size:** All participants' jerseys will arrive by their first game if registered by January 5th. Specific size may not be guaranteed for registrations after January 5th.
- * **Coaches:** Please note that the coaches are approved volunteers. We will provide them of the participant name, parent's name, email and phone number.

Basketball Information:

- * **Games:**
 - * Games are played in the gymnasium on Thursdays or Saturdays. Ages 9 and under usually play on Thursdays between the hours of 5pm – 8pm. Saturday games vary between 9am – 4pm
 - * Ages 10 and up may travel to other YMCAs.
 - * Age division may change.
 - * **New divisions: ages 7-9 and 10-12 girls division if enough players are registered.**
- * **Practices:**
 - * Days and times vary. You will be contacted by your coach or a sport staff before your first official practice.
 - * Practices will be held indoor and outdoor.
- * **Attire:**
 - * Basketball: Athletic shorts, closed toe shoes and water bottle.

Arena Soccer:

- * **Games: Saturdays February 6 – March 19**
 - * Games are played on ONLY Saturdays between the hours of 9am – 5pm in the Soccer Arena.
 - * First Games will begin February 6 and end on March 19
 - * Ages 7 and up may travel to other YMCAs to play Field or Arena Soccer.
- * **Practices:**
 - * Practice will be held ONLY during the first 4 weeks of the season. January 9 - January 30. No practices starting February 6. ONLY GAMES.
- * **Attire:**
 - * Athletic shorts, closed toe shoes, cleats (preferred), shin guards (required), and water bottle.

Cheer:

- * **Games:**
 - * On Saturdays and team may travel to other YMCAs to cheer for our Border View Y sports team
- * **Practices:**
 - * Will take place on Friday evenings at 5pm.
- * **Attire:**
 - * Practice Attire: Athletic attire (Closed toe shoes, shorts and t-shirt) and water bottle.
 - * Game Attire: an extra cost for the cheer uniform. Cost TBD. You will be contacted by the coach for uniform fitting.